



# Genesee County Health Department

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**DATE:** 11/30/2015 **END DATE:** 1/30/2016

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**RE:** When to Keep Your Children Home from School/Daycare

It is that time of year again when colds, influenza, norovirus, enterovirus, and other communicable diseases are prevalent. Children, who go to school while sick, endanger the health of others. A sick child does not learn well in school. Staying home when ill will help shorten the length of illness. The Genesee County Health Department would like to remind parents of steps they should take to keep their children and others safe when symptoms are present. For medical advice regarding a specific illness, please contact your healthcare provider.

- Step 1.** When your child is ill, keep them home.
- Step 2.** Notify the school that your child is sick.
- Step 3.** Check with your healthcare provider for specific medical advice, diagnosis and treatment.

***Guidelines of signs and symptoms to  
WATCH FOR and REPORT to the school:***

Fever	Runny nose	Vomiting/Diarrhea
Flushed face	Skin rash	Chills
Sore throat	Cough	Headache

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**Better Life Through Better Health**

**Floyd J. McCree Courts & Human Services Building** ♦ 630 S. Saginaw Street, Ste. 4 ♦ Flint, Michigan 48502-1540

**Burton Branch** ♦ G-3373 S. Saginaw Street ♦ Burton, Michigan 48529

Main Phone 810-257-3612 ♦ Visit us at: [www.gchd.us](http://www.gchd.us)

Your child can return to school when:

- Temperature below 100°F without medication for 24 hours
- No diarrhea or vomiting for 24 hours
- No significant cough, nasal congestion, or stomach ache

These guidelines are also appropriate for adults. The Genesee County Health Department wants you and your children to stay healthy this season. For more information, please visit our website and [www.gchd.us](http://www.gchd.us). If you have not been fully vaccinated yet, we encourage you to do so. Our motto is "*Better Life Through Better Health.*"